



Mennonite Village 11th Annual

# Older Americans Day

Wellness Walk • Friday, June 18 • 8:00 to 9:00 am • [MennoniteVillage.org](http://MennoniteVillage.org)

## 2010 Wellness Walk Registration Form

The Mennonite Village Wellness Walk, sponsored by Samaritan Health Services, is the first event of Older Americans Day. It's an opportunity to walk at your own pace on one of two courses: a casual stroll along a paved path around the lake, or a longer trek on groomed trails and paths around the perimeter of the Village. The first 500 participants will receive an event t-shirt (while supplies last). Pre-registration for the Wellness Walk is required.

Friday, June 18, 2010    7:30 am Wellness Walk Registration  
8:00 am Wellness Walk Start - Long Distance (1.37 or 2.74 miles)  
8:30 am Wellness Walk Start - Short Distance (0.15-mile loop)

Lakeside Center  
Mennonite Village  
5353 Columbus St SE, Albany, Oregon

EVERY WELLNESS WALK PARTICIPANT MUST COMPLETE THIS FORM. PLEASE PRINT CLEARLY.

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Name of Walk Participant (first and last)

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Address of Walk Participant (street address, city, state, and zip code)

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Phone Number

E-mail Address

Please keep me informed of Mennonite Village news and events    Yes \_\_\_\_\_ No \_\_\_\_\_

**Waiver and Release:** I acknowledge and assume all risks associated with this event. I have read and fully understand this waiver and in consideration of the acceptance of my entry, for myself, my heirs, executors and assigns, I waive and do hereby release Mennonite Village, its employees, directors, officers, all sponsors, workers, officials, and volunteers from any and all claims, liabilities or causes of action, including without limitation, death, bodily injury, property damage or any other loss or damage whatsoever arising from my participation in this event. I agree to abide by all rules for participation and my entry at its discretion. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other media of this event for any legitimate purpose. In consideration of the safety of all participants, no headphones, skateboards, and/or skates will be allowed.

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Signature of Participant or Designee

Date

Complete and return this registration form to Mennonite Village or bring it with you to the event Friday, June 18, 2010.

**Mennonite Village, 5353 Columbus St SE, Albany, OR 97322 • (541) 928-7232 • (541) 917-1399 FAX**