

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

APRIL 2017

Quail Run Wellness Activities



							1 10:00 Coloring Fun!-AK 1:30 Movie Matinee-QR All Fools' Day
2 Lent 5 2:30 Quail Run Worship Service w/ Jim McClanahan-QR 6:00 Harrisburg Mennonite Church Singers-LB	3 9:30 Exercise w/ Amy-QR 10:00 Bus to Fred Meyer-Meet in lobby at 10am 3:00 Current Events-QR	4 9:30 Exercise w/ Amy-QR 10:15 Chaplain's Bible Study-QR 1:30 Bingo-AK 2:00 Parkinson's Support Group-QR	5 9:30 Exercise w/ Amy-QR 10:00 Healthy Brain Class-AK 1:30 Technology Class-"Games & Cognition"-QR 6:00 Movie Nite-QR	6 9:30 Exercise w/ Amy-QR 10:15 Bingo-AK 3:00 All Resident Meeting-DR	7 9:30 Exercise w/ Gail-QR 10:00 Wii Bowling-QR 1:15 Spring Drive-Sign Up	8 10:00 Arts & Crafts-AK 2:30 Special! Irish Dance Performance-DR	
9 2:30 Quail Run Worship Service w/ Chaplain Eric-QR Palm Sunday	10 9:30 Exercise w/ Amy-QR 10:00 Bus to Fred Meyer-Meet in lobby at 10am 3:00 Current Events-QR First Day of Passover	11 9:30 Exercise w/ Amy-QR 10:15 Chaplain's Bible Study-QR 1:30 Bingo-AK 3:00 Hearing Aide Clinic-AK	12 9:30 Exercise w/ Amy-QR 10:00 Healthy Brain Class-AK 1:30 Technology Class-"Searching the Internet"-QR 6:00 Movie Nite-QR	13 Recycling 9:30 Exercise w/ Amy-QR 10:15 Bingo-AK 2:30 Special Presentation w/ Master Recycler, Ann Bateman -"Earth Stewardship, Recycling, & More"-DR	14 9:30 Exercise w/ Gail-QR 11:00-12:15- Special! -U.S. History Class w/ S. Albany High School-QR 2:30 Good Friday Service -QR Good Friday	15 10:00 Arts & Crafts-AK 12:30 Golden Oldies Piano w/ Helen Parker-LB 1:30 Movie Matinee-QR	
16 Happy Easter! 9:30 Easter Service-MH Chapel-Will be broadcast in Quiet Rm. (Only 1 service today) Easter Sunday	17 9:30 Exercise w/ Amy-QR 10:00 Bus to Fred Meyer-Meet in lobby at 10am 3:00 Current Events-QR	18 9:30 Exercise w/ Amy-QR 10:15 Chaplain's Bible Study-QR 10:30 Outing to Wooden Shoe Tulip Fest-Sign Up 1:30 Bingo-AK 1:30 Village Book Club-QR	19 9:30 Exercise w/ Amy-QR 10:00 Healthy Brain Class-AK 1:30 Technology Class-"Maps"-QR 6:00 Movie Nite-QR	20 8:30 Wellness Breakfast at Lakeside-Sign Up 9:30 Exercise w/ Amy-QR 10:15 Bingo-AK 3:00 Old Time Gospel w/ Larry & Bob-DR	21 9:30 Exercise w/ Gail-QR 10:00 Wii Bowling-QR 2:00 Art Class w/ Michelle-"Pressed Flowers Craft"-AK 3:30 Quail Run Social Hour-LB	22 10:00 Arts & Crafts-AK 1:30 Movie Matinee-QR Earth Day	
23 2:30 Quail Run Worship Service w/ Dan Jablonski-QR	24 9:30 Exercise w/ Amy-QR 10:00 Bus to Fred Meyer-Meet in lobby at 10am 3:00 Current Events-QR 7:00 Special Music Event -"Master's Men Choral Group-DR	25 9:30 Exercise w/ Amy-QR 10:15 Chaplain's Bible Study-QR 1:30 Bingo-AK 3:00 Special Presentation w/ Forester, Ron Sadler -"Humans & Forests"-QR	26 9:30 Exercise w/ Amy-QR 10:00 Healthy Brain Class-AK 1:30 Piano w/ Ray-QR 1:30 Technology One to One Sessions-Sign Up-AK 6:00 Movie Nite-QR	27 Recycling 9:30 Exercise w/ Amy-QR 10:15 Bingo-AK 2:30 Tea & Trivia-AK	28 Quail Run T-Shirt Day! 9:30 Exercise w/ Gail-QR 10:00 Wii Bowling-QR 2:30 April Birthday Dessert Social-AK 6:30 Evening Bingo!-AK Arbor Day	29 10:00 Arts & Crafts-AK 1:30 Movie Matinee-QR	

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2:30 Quail Run Worship Service w/ James Kropf-QR



It IS Easy Being Green in April!

Activity Locations: QR-Quiet Rm., AK-Activity Kitchen, DR-Main Dining Rm., LB-Lobby

*Activities are subject to change-changes will be announced.