

Course Benefits

The “Best Friends” course at Mennonite Village is designed to benefit family members of those with Alzheimer’s, and:

- Home care providers
- Facility caregivers
- State workers
- Respite workers
- Social workers

Anyone who has experienced the effects of Alzheimer’s disease in their lives is welcome to participate in this series of classes.

Take advantage of this opportunity to learn:

- Alzheimer’s disease basics
- Aspects of friendship and Alzheimer’s care
- Communication techniques
- Elements of “knack”



Mennonite Village Covenant

To be a Christ-centered community providing life-enriching services. As such, we commit to uphold the following principles within the life of our community: Stewardship, Service, and Self-determination.



MENNONITE VILLAGE

Continuing Care Retirement Community

5353 Columbus St., S.E.

Albany, Oregon 97322

(541) 928-7232

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info@mennonitevillage.org

www.mennonitevillage.org



Printed on FSC Certified 30% PC Paper
Rev. 200910

Best Friends Approach to Alzheimer’s & Dementia Care



MENNONITE VILLAGE

A Faith-Based, Not-for-Profit Continuing Care Retirement Community
Providing Life-Enriching Services to People of All Faiths and Beliefs

www.mennonitevillage.org

The "Best Friends" Approach

The Best Friends model of dementia care was developed in the mid 1990s by Virginia Bell and David Troxel.

Simply put, the model suggests that what a person with dementia needs most of all is a friend—a "Best Friend." This can be a family member, friend, or staff member who empathizes with their situation and remains loving and positive and dedicated to helping the person feel safe, secure, and valued.

The model teaches caregivers how to have "knack." Care giving knack is defined as "the art of doing difficult things with ease," or "clever tricks and strategies."

The workshop is beneficial for family members, home care providers, facility caregivers, state workers, respite workers, social workers, and anyone who has experienced the effects of Alzheimer's disease in their lives.

Each course teaches practical, useful information to assist in the care and interaction with someone who suffers from Alzheimer's and/or related dementia. Through discussion and hands on teaching, participants will learn Alzheimer's disease basics, elements of friendship, Alzheimer's care, communication techniques, and elements of knack.

To learn more about the Best Friends Approach, visit Bell and Troxel's Web site at:

<http://www.bestfriendsapproach.com>.

Course Information

The six-class course is divided into two sessions:

Classes 1, 2, and 3 will be conducted:

Saturday, Aug. 21, 8:30 am to 3:30 pm
Mennonite Village Chapel
5353 Columbus Street SE, Albany, OR

Classes 4, 5, and 6 will be conducted:

Wednesday, Aug. 25, 4:00 pm to 9:00 pm
Mennonite Village Chapel
5353 Columbus Street SE, Albany, OR

The cost is \$20 per individual or \$150 per facility.
Mennonite Village employees may attend at no cost.

Pre-registration is encouraged, as class size is limited.
All six sessions should be completed in order.

Participants who complete all six courses will earn a Best Friends Approach to Alzheimer's Care Certificate of Completion.



Course Enrollment

To secure your place in the next available class, please pre-register. Detach and complete this form, and then mail or fax it along with your fee payment to:

Mennonite Village
Attn: Mary Scott, Master Trainer
5353 Columbus Street SE
Albany, OR 97322
(541) 928-7232 Voice
(541) 917-1373 Fax
info@mennonitevillage.org

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

E-mail: _____

List number of attendees per category:

____ x \$0 Mennonite Village Staff
____ x \$20 Family Member
____ x \$20 Other Individual
____ x \$150 Facility

Rates effective October 1, 2009 are subject to change as deemed necessary by the Mennonite Village Board of Directors.

✂ Detach and mail

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